

Where are we coming from and how are we progressing on the implementation of the gender approach: The example of the Spanish Strategy on Addictions.

## 3<sup>rd</sup> ANNUAL CONFERENCE COPOLAD II

19<sup>th</sup> June 2018. Sofía (Bulgaria)

# NATIONAL PLAN ON DRUGS

## COORDINATION AND BASIS

### POLICIES ON ADDICTIONS



GOBIERNO DE ESPAÑA

MINISTERIO DE SANIDAD, SERVICIOS SOCIALES E IGUALDAD

SECRETARÍA DE ESTADO DE SERVICIOS SOCIALES E IGUALDAD

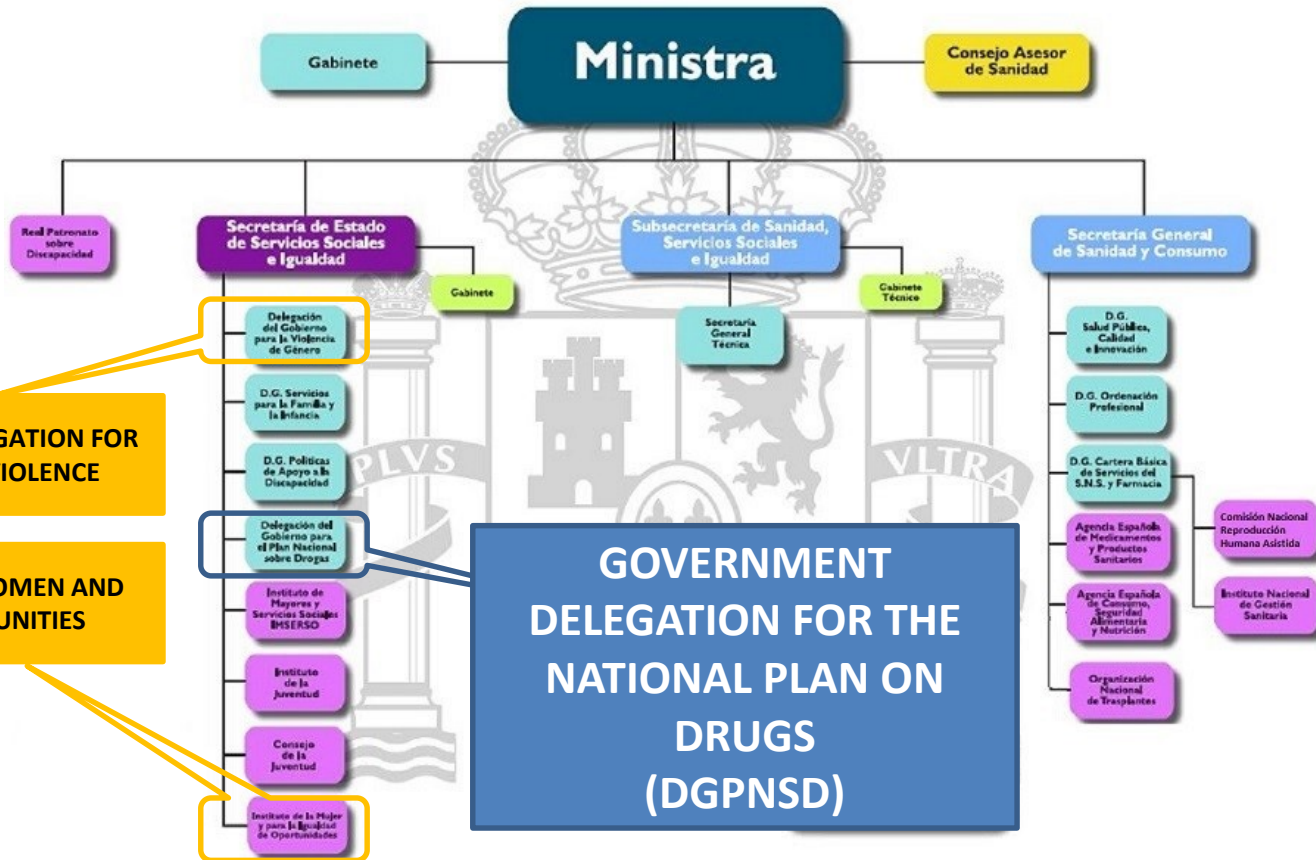
2

DELEGACIÓN DEL GOBIERNO PARA EL PLAN NACIONAL SOBRE DROGAS

# Ministry of Health, Social Services and Equality

## STRUCTURE

Ministerio de Sanidad, Servicios Sociales e Igualdad



GOVERNMENT DELEGATION FOR GENDER-BASED VIOLENCE

INSTITUTE FOR WOMEN AND EQUAL OPPORTUNITIES

GOVERNMENT DELEGATION FOR THE NATIONAL PLAN ON DRUGS (DGPNSD)

# WORKING FIELDS OF THE SECRETARY OF STATE FOR SOCIAL SERVICES AND EQUALITY: GENDER

## COMPETENCES OF THE SECRETARY OF STATE FOR SOCIAL SERVICES AND EQUALITY

Royal Decree 200/2102, of 23rd January, developing the basic organic structure of the Ministry of Health, Social Services and Equality

### Art. 2 Secretary of State for Social Services and Equality (...)

3. In the area "Equality" it develops these functions: (...)

c) To encourage and develop the horizontal application of the principle **equal treatment between women and men** in the public administration activities, and especially in the National Administration (...)

f) To propose, draft, coordinate, monitor and assess the policies of the National Administration addressed **to finish with any kind of gender violence** in collaboration with the institutions on the Public Administrations competent in this field, as well as with the civil society organizations.

**Inter-Department Coordination** developed by the same Secretary of State on implementation and coordination Strategies at national level

**Institute for Women and Equal Opportunities**

**Government Delegation for the National Plan on Drugs**

**Government Delegation for Gender-based Violence**

# DRUGS AND GENDER: AN OVERVIEW

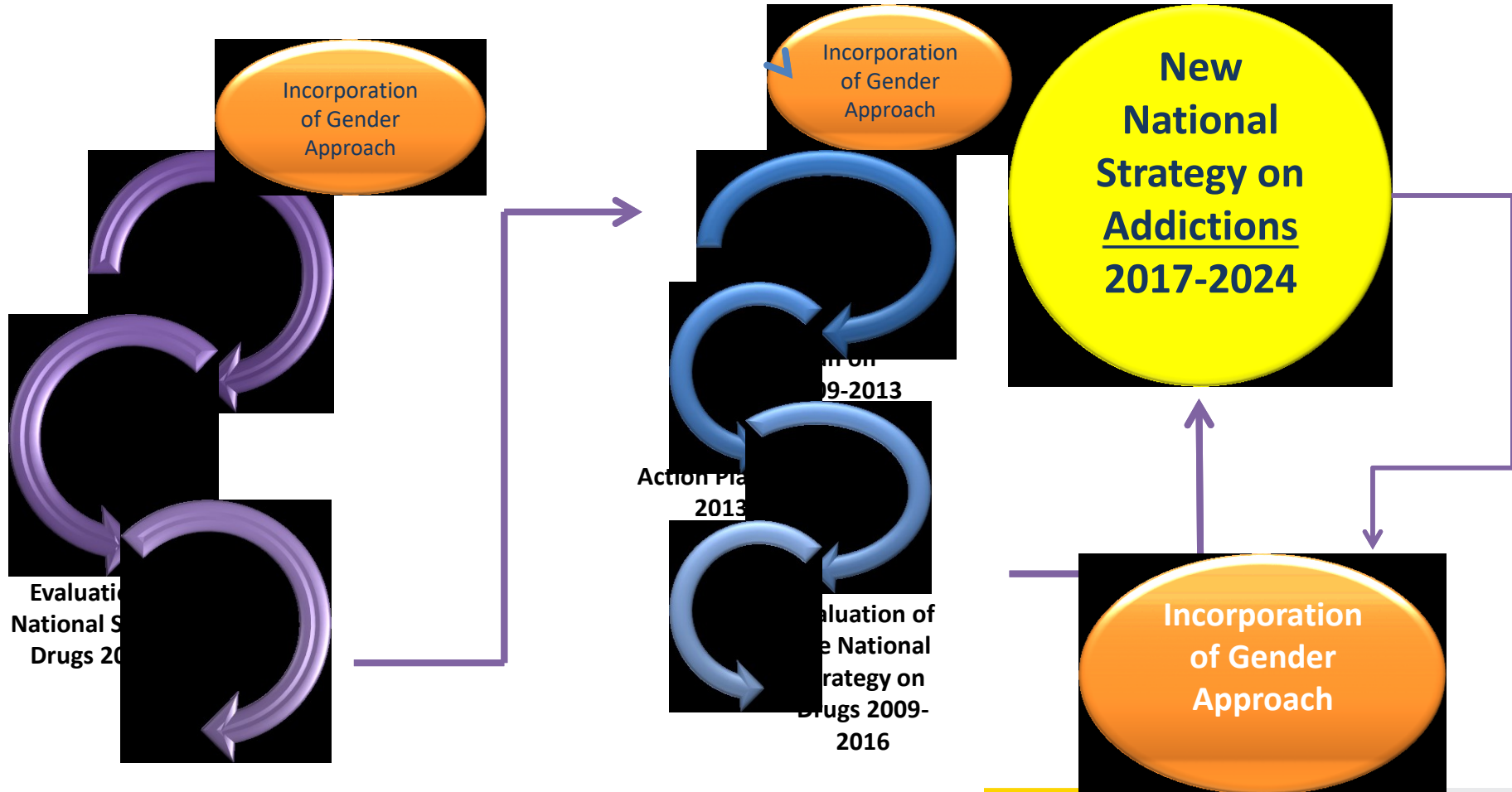
- Women who are drug addicts begin to use drugs **later** than men, **usually through drug addict partners.**
- Tough onset is later for women, **addictions settle and progress quicker among them.**
- Women **have different reasons** to go on using drugs and **ask for treatment less than men.**
- **Severity** in addiction is **higher** among women .
- Women have **less resources** or higher difficulties to access to them, **especially when they have little children.**
- Addictions in women have **a bigger impact in the family and social fields.**
- They have **more family, work and economic problems** than men **and less support from family and society** to face addictions.

# DRUGS AND GENDER: AN OVERVIEW

- ▶▶ Generally speaking, women have a **less favorable evolution** in addiction treatments, with **less therapeutic adherence** and a more negative prognosis. This phenomenon is related with the fact that care services do not take into account the specific therapeutic needs of women, or the pressures they suffer from their family environment in order to end the treatment and re-assume their family responsibilities.
- ▶▶ Tough women **use minor quantities** in any substance that men, **the physical disorders originated by drug use are more frequent and more serious, and the risk of contracting illness is higher.**
- ▶▶ Women present a **higher percentage** than men of other **psychiatric disorders associated with drug dependence.**
- ▶▶ **Exposure to traumatic experiences** (sexual harassment, physical or psychic abuse) in childhood and adult life is **much bigger among drug addict women.**

# INTERVENTIONS OF THE GOVERNMENT DELEGATION FOR THE NATIONAL PLAN ON DRUGS

## PLANNING TOOLS





# INTERVENTIONS: PERIOD 2000-2016

## MAIN ACTIONS

National Strategy on Drugs 2009 -2016: gender approach is included as one of the leading principles

National Strategy on Drugs 2000 -2008: includes specific goals related to gender perspective and gender violence

Action Plan on Drugs 2013-2016: coordination with other Strategies and Plans

2000 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017

### RESEARCH

Implementation of programs related to violence, alcohol and other drugs (mainly in family and home environments) in Police Stations and Courts

Development of programs in prisons addressed to women

### DRAFTING OF PROTOCOLS OF ACTIONS

IMPLEMENTATION OF TRAINING PLANS

FUNDING OF CIVIL SOCIETY PROGRAMS WITH GENDER APPROACH

**3.441.320 €**



# INTERVENTIONS OF THE SECRETARY OF STATE FOR SOCIAL SERVICES AND EQUALITY PERIOD 2012-2016

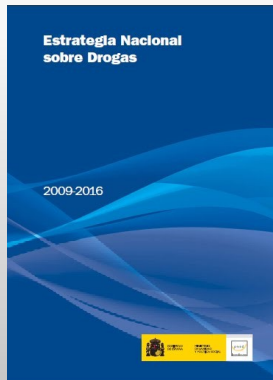
## MAIN ACTIONS

Training: detection and intervention

Development of coordination protocols

Plan Estratégico de Igualdad de Oportunidades  
2014 - 2016

Development of intervention protocols



Estrategia Nacional para la Erradicación de la Violencia contra la Mujer 2013-2016

PARA LA ERRADICACIÓN DE LA VIOLENCIA CONTRA LA MUJER (2013 - 2016)

**MULTIDISCIPLINARY AND INDIVIDUALIZED PLANS WITH GENDER PERSPECTIVE**

# INTERVENTIONS: PERIOD 2012-2016

## GRANTS

The Government Delegation for the National Plan on **Drugs publishes annually several calls for NGOs funding** (General National Budget and Seized Properties Fund). These are linked to the gender approach and include all kind of interventions on addictions (awareness raising, information, prevention, care and social reintegration, specific training and research). |



MINISTERIO DE SANIDAD, SERVICIOS SOCIALES E IGUALDAD

SECRETARÍA DE ESTADO DE SERVICIOS SOCIALES E IGUALDAD

10

DELEGACIÓN DEL GOBIERNO PARA EL PLAN NACIONAL SOBRE DROGAS

# EVALUATION OF THE NATIONAL STRATEGY ON DRUGS 2009-2016

## EVALUATION OF THE WAY IN WHICH GENDER APPROACH IS INTEGRATED IN POLICIES AND PROGRAMS DEVELOPPED BY THE AUTONOMOUS COMMUNITIES

### RESULTS

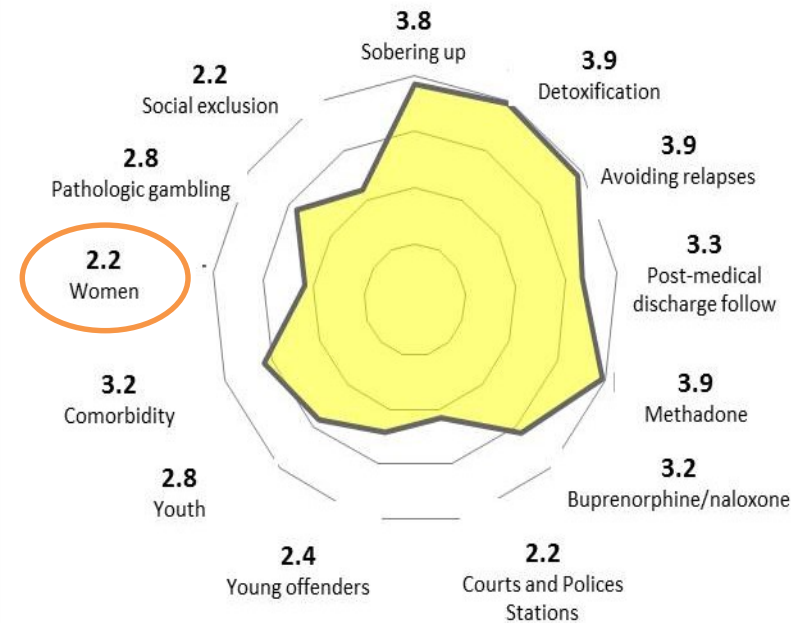
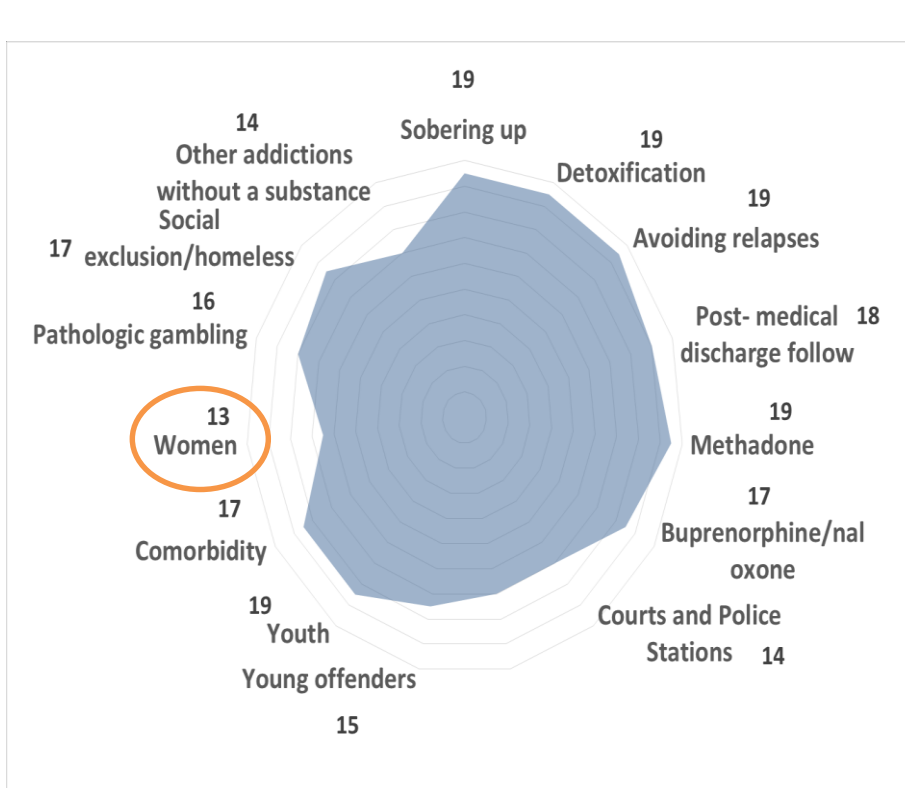
#### The results:

- 16 Autonomous Communities **include gender approach as a horizontal objective** , 12 propose **specific objectives**.
- 15 Autonomous Communities disaggregate data by gender, 9 of them analyze this information under a gender approach.
- 13 Autonomous Communities have specific treatment and care programs
- A **progressive effort in professional training** in order to get the due implementation is observed.
- The Plans on Drugs of 6 Autonomous Communities dispose of **Protocols on Women, which could be a reference to other PoD**.

# EVALUATION OF THE NATIONAL STRATEGY ON DRUGS 2009-2016

Number of Autonomous Communities developing programs on

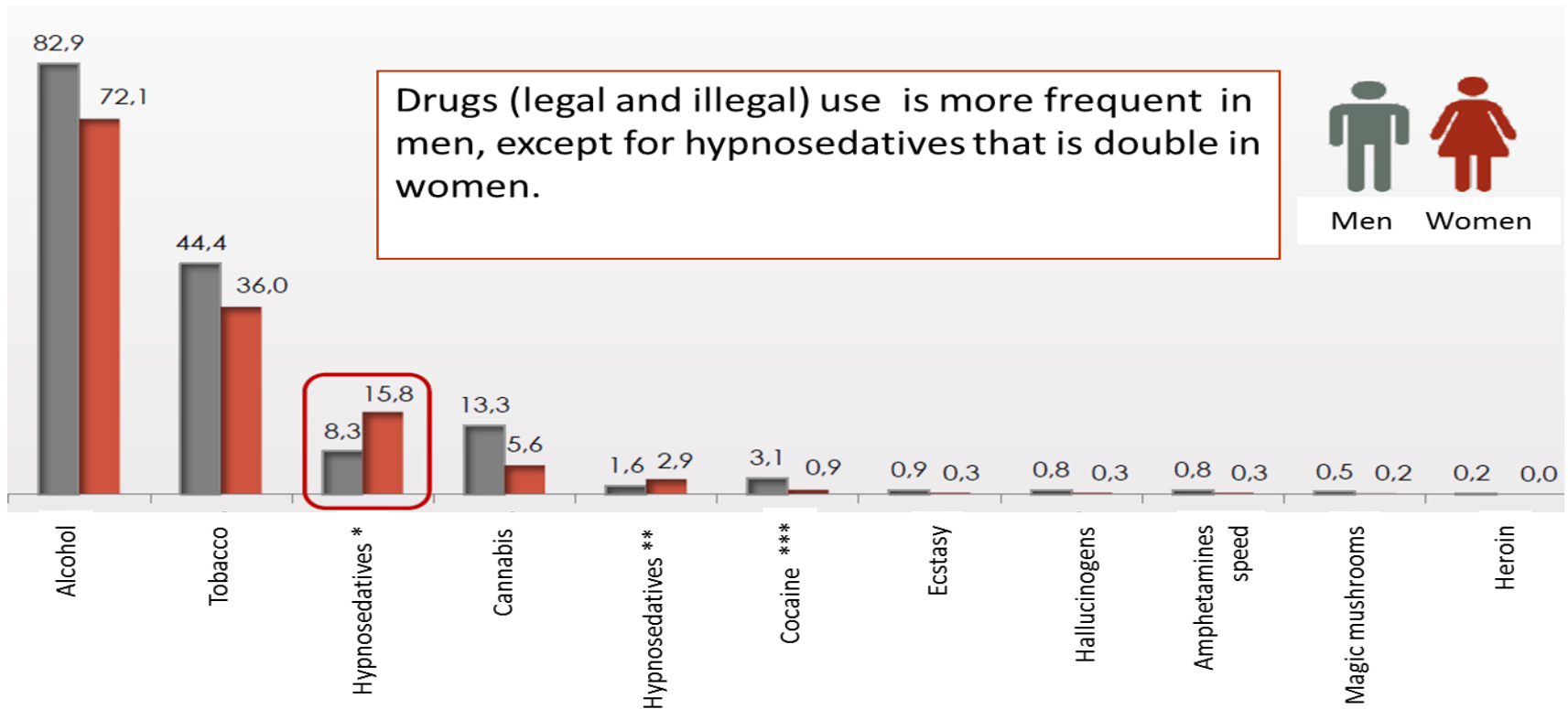
Geographical range of the programs



# USE OF ADDICTIVE SUBSTANCES

## Survey on alcohol and other drugs in Spain EDADES

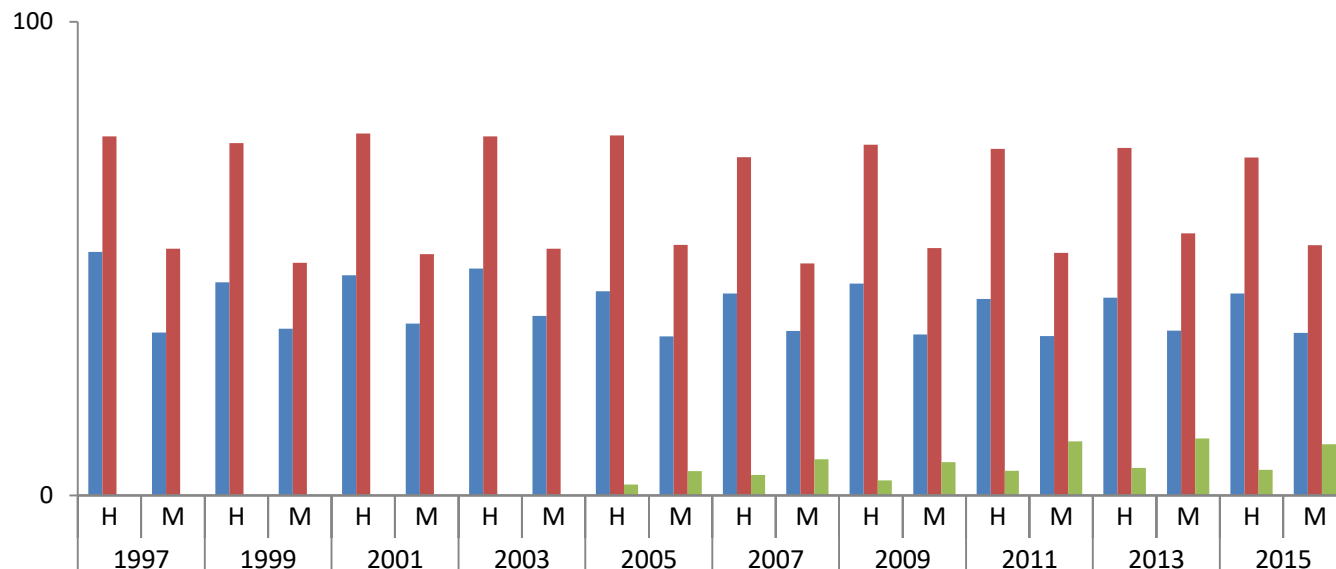
### Prevalence (%) last 12 months, by gender



EDADES 2015/2016  
Age 15-64 years

# USE OF ADDICTIVE SUBSTANCES

Prevalence of psychoactive substances use in the last 30 days in population 15 to 64 years, according to gender (%) Spain, 1997-2015.

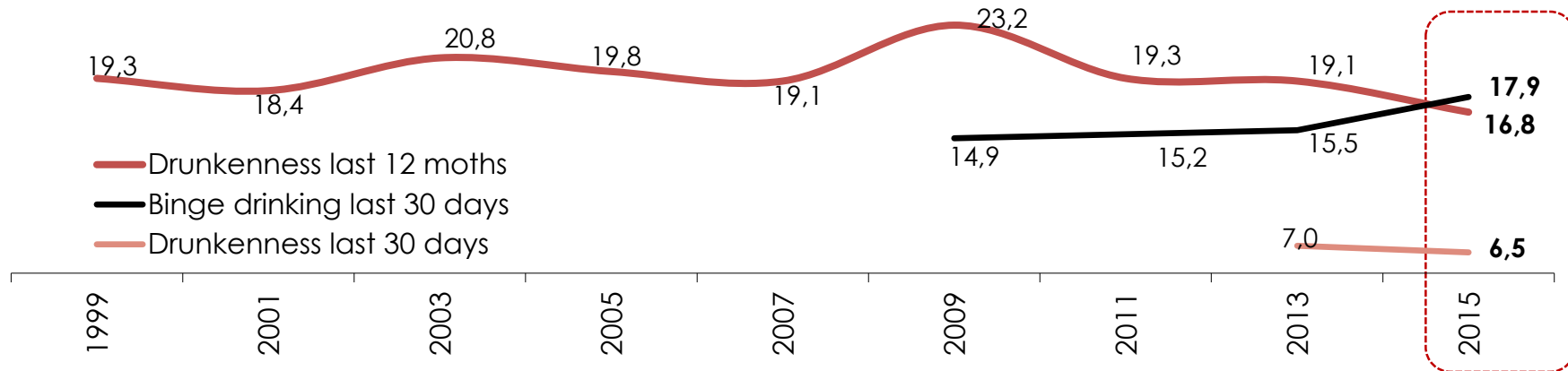


	1997		1999		2001		2003		2005		2007		2009		2011		2013		2015	
	H	M	H	M	H	M	H	M	H	M	H	M	H	M	H	M	H	M	H	M
■ Tobacco	45,0	35,2	46,5	36,3	47,9	37,9	43,1	33,6	42,6	34,7	44,7	34,0	41,4	33,7	41,7	34,8	45,0	35,2	46,5	36,3
■ Alcohol	74,4	49,1	76,4	50,9	75,8	52,1	76,0	52,9	71,4	49,0	74,0	52,2	73,2	51,2	73,4	55,3	74,4	49,1	76,4	50,9
■ Hypnotosedatives with or without prescription	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	4,3	7,6	3,2	7,0	5,2	11,4	5,8	12,1	0,0	0,0	0,0	0,0

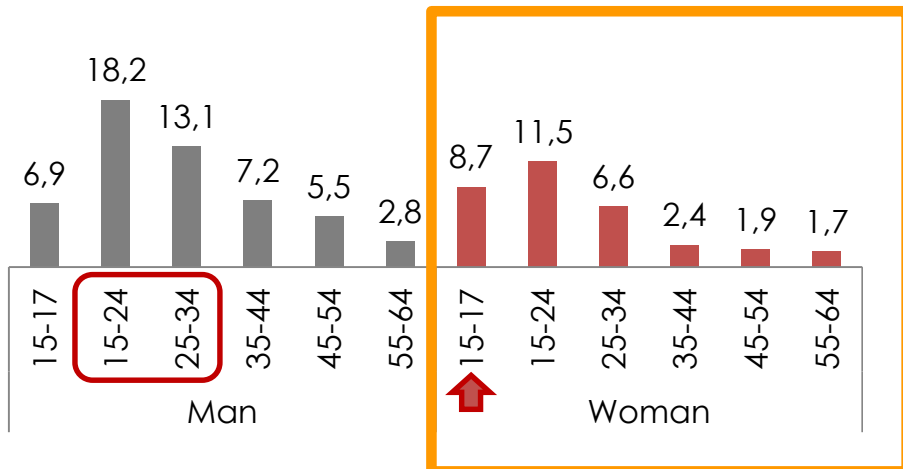
# OVERVIEW OF THE ADDICTIONS IN SPAIN FROM A GENDER APPROACH



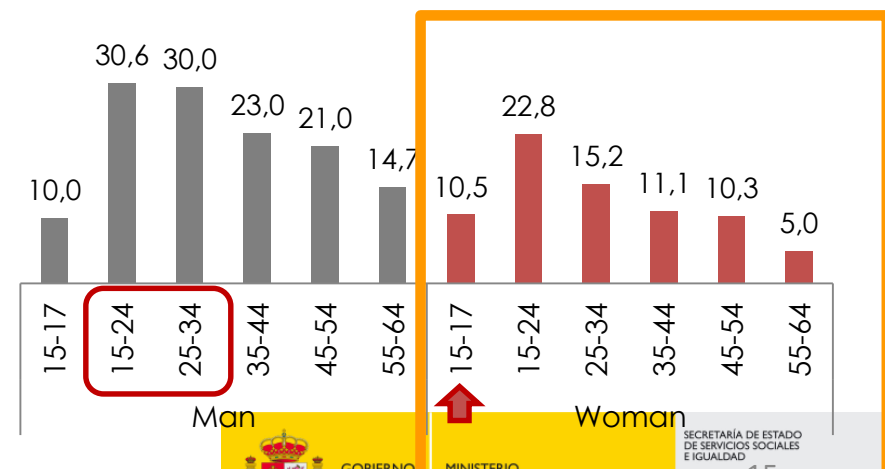
Prevalence (%) intensive use of alcohol 15 to 64 years



Prevalence (%) drunkenness last 30 days



Prevalence (%) binge drinking last 30 days

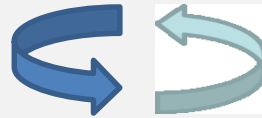




# Characteristics and consequences: gender violence and drugs

## WOMAN

- High percentage of sexual harassment and abuse in her past.
- **Abuse:** risk factor for the development of psychoactive substances **abuse or dependence**



- ***Adict woman:** high risk of suffering abuse together with the possibility of a lesser capability of auto-care*

## MAN

- *Among alcohol and other drugs addicts the percentage of abusers is 10 times higher.*

# NATIONAL STRATEGY ON ADDICTIONS 2017-2014

## GOALS, WORKING FIELDS AND STRATEGIC OBJECTIVES

### Goal 1

**“Towards a healthier society”**

#### LEADING PRINCIPLE

**Gender Approach:** the Law on Equality of Opportunities (art. 20) **To include the gender perspective as analytical frame and to develop the necessary tools** to allow making visible, analyze and face the different presentation and affliction of addictions in women, allowing in this way a better diagnosis of reality, as well as the **inclusion of women’s necessities and reality in all the strategic actions and interventions.**

#### WORKING FIELD:

(...) the care net must **include the gender violence as an aspect closely linked to the addictions**, not as a causal relation, but taking into account that in cases of substance abuse, the violence gender rates can be three times higher than in the rest of the population. Gender violence is a social problem that multiplies with the addictions. **It should be dealt with, through interventions with both men and women: she as a potential victim, he as a potential attacker.**

(...) It is necessary **to adequate more and more the services and programs to the new profiles and the gender differences in addictions**, as well as to increase the population coverage in coordination with the care net

# NATIONAL STRATEGY ON ADDICTIONS 2017-2014

## GOALS, WORKING FIELDS AND STRATEGIC OBJECTIVES

### Goal 1

#### “Towards a healthier society”

#### STRATEGIC OBJECTIVES

- To include the gender perspective in all levels in the treatment and care process (**Basic Portfolio of Services**)
- To encourage **integral care by including the gender determinants** into the analysis trying to explain drug use and abuse and other addictions, as well as the consequences of these determinants in men and women who are problem users:
  - Invisible uses: Hypnosedatives
  - Bigger stigma and feeling of guiltiness for women
  - Less support and understanding
  - Bigger prejudice strengthened by the idea of motherhood and the consequences for their children
  - Need to take into account family responsibilities (it is a proven fact that these fall overwhelmingly on women) as a possible difficulty to accede to the care and treatment net and to the process of rehabilitation and social reintegration
- There is in the society a facility to justify violent attitudes in men, as well as a bigger esteem for values associated to masculinity, those reinforcing drug use and risk attitudes
- To promote **treatments centered in women and their drug use**
- To encourage **integral care and coordination of resources** for women suffering from gender violence, their sons and daughters, in order to avoid institutional victimization.



# NATIONAL STRATEGY ON ADDICTIONS 2017-2014

National Strategy on Drugs and Addictions 2017-2014: Gender approach as leading principle and horizontal objective

Action Plan 2017-2020

Action Plan 2020-2024

2017

2018

2019

2020

2021

2022

2023

2024

Inclusion of gender approach in policies, programs and activities

Professional training

Drafting and implementation of protocols

Identification of best practices

Setting up of new indicators for the evaluation

.....

# GOVERNMENT DELEGATION FOR THE NATIONAL PLAN ON DRUGS INTERVENTION ON GENDER

COUNCIL OF EUROPE



## INVOLVEMENT IN THE WORKS OF THE POMPIDOU GROUP

### **Work Program of Pompidou Group 2014-2018 (Involvement of Spain)**

#### **Gender dimension of the non medical use of prescription drugs (NMUPD) (2014)**

17 countries belonging into the Mediterranean Region

- Evidences confirm that women are a high risk population for NMUPD in Europe and reveal that there is no standard monitoring system on NMUPD in Europe or in the Mediterranean Region
- Recommendations to the National Authorities on research and development of policies, including effective actions on gender

#### **Women, drugs and violence (2015)**

Review of literature on violence (suffered or perpetrated) and psychoactive substances use among women in Europe and the Mediterranean Region.

**Women, drugs and violence (2015): consultation of professionals (2015):** Participation of Spain. The results of this consultation were presented at a Seminar in Rome

# GOVERNMENT DELEGATION FOR THE NATIONAL PLAN ON DRUGS INTERVENTION ON GENDER

## INVOLVEMENT IN THE WORKS OF THE POMPIDOU GROUP

### Project: “Violence, women and rape drugs” (led by Italy )

- **Objective:**

- Collect data and raise awareness for violence against women caused by rape drugs, paying special attention to narcotic drug;
- Inform and train professionals on this phenomenon (lawyers, forensic experts, judges, social workers, etc.);
- Consider how the drug policy could impact on the theme “Violence, women and rape drugs”

- **Expected results:**

- Evaluate the prevalence and comprehension of the link between rape and drugs;
- Setting up concrete guidelines for professionals and policy makers in order to improve early diagnosis and elaborate prevention strategies;
- Comparative case law review.

# THANKS FOR YOUR ATTENTION



GOBIERNO  
DE ESPAÑA

MINISTERIO  
DE SANIDAD, SERVICIOS SOCIALES  
E IGUALDAD

SECRETARÍA DE ESTADO  
DE SERVICIOS SOCIALES  
E IGUALDAD

DELEGACIÓN DEL GOBIERNO  
PARA EL PLAN NACIONAL SOBRE DROGAS